

## ***Personal Growth in the Community***

Everything is Tao and Tao is present in everything. The former affirms the undiffused essence of everything while the latter affirms the undiffused Tao. One contemplates through the eyes that have been beholding the one [and many].



Thus, it is both phenomenological and so called “spiritual” when talking about personal growth, especially in the context of postmodernity’s pluralism. As in 莊子 fables/dis-course, that deconstruct the dichotomy of human and spiritual realm as in mainstream traditional Chinese culture, while in a counter-cultural manner embracing the continuous process of 物化 - 氣化 / Many – ONE

We grow through the in-between-ness (and in between 兩忘 - 兩行) of the flow of one and many.

Relation to the earth-world 地

1. Entering into the world and being sensitized
2. Another side: critic and justice (righteousness) [Tree of Good & Evil]
3. Being tended to and being helped
4. Navigating graciously
5. Wandering to Freedom

Relation to the other aesthetic beings 人

6. Loss and Separation
7. Anxiety
8. Anger / Fear /

9. LOVE actually [Transitional Analysis]
10. Supporting role
11. A double blind: Being rejected and feeling guilty (if being helped)
12. Bio. as Resource

Relation(s) to yourself 我

13. Parts and Compassion: Fear and Anxiety
14. In-between "I'm useless"
15. Nurtures the in-between
16. Shame
17. Self and Critic
18. Anima/us
19. Tension

Relation to the Divine 天

20. Sub-personality and Will
21. *Pure Consciousness (and other spiritual writers)*
22. *Beauty*
23. *Synthesis*

Special topics

24. Mindfulness and Body: involuntary habits and core belief
25. Vocation
26. Discernment: desolation & consolation
27. Community with the marginal center of art/play/ritual



*12 Days x8hrs. = 96*

*Personal retreat = 4*