

Curriculum

課程結構

Master Arts in Expressive Arts Therapy of with a Minor in Psychology (2-3 year program)

Hong Kong Module
(September – June)

Switzerland Module
(Summer)

Semester	Hong Kong	EGS Summer Intensive	Personal Growth (Self Studies)
Duration	9 months	3 weeks (June/Judy)	(Self-Arrangement) Studio Art Course
1st year	Module K Module F	Module ITS-P	Individual Therapy Community Art
2nd year	Module P	Module ITS-D	Workshop
3rd year	Module P Module F	Module IT-3	

EGS Summer Intensive

Methods-interdisciplinary approach (Module ITS-P)	Philosophical and aesthetic foundation-interdisciplinary approach (Module ITS-D)	Final Examination and Graduation (Module IT-3)
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Overview of the six modules (120 cp ECTS or 60 US Credits)

Hong Kong Modules

Name of Module	Detailed PDF	Introduction
Module K	EGS MA EXA Module K (177 K)	/

Name of Module	Detailed PDF	Introduction
Module P	EGS MA EXA Module P (141 K)	/

Name of Module	Detailed PDF	Introduction
Module F	EGS MA EXA Module F (182 K)	This module enhances the understanding of processes of change specifically with respect to the artistic process in the context of health and illness, human development and concepts such as “world view” and “Menschenbild”. In the process of writing a thesis project, the student will be able to explore a special theme leading to the formulation of a question that is then researched on a practical, theoretical and artistic level to recognize the resources that strengthen and broaden one’s own professional competence.



Switzerland Modules

Name of Module	Detailed PDF	Introduction
Module ITS-P	EGS MA EXA Module Therapy ITS-P (219 K)	During this summer session in residence, students will study the interdisciplinary approach through the Expressive Arts methodology. They will learn the social and developmental issues that arise from a psychological perspective, receive advanced training and methodology of practice, mastering the language and discourse in Expressive Arts Therapy and understanding the principles and practices of psychotherapy. This module provides an artistic lens on culture and communication, developing sensitivity in relational skills, and increasing recognition of existing resources within a community.

Name of Module	Detailed PDF	Introduction
Module ITS-D	EGS MA EXA Module Therapy ITS-D (224 K)	This module provides an in depth look at the theoretical, philosophical and aesthetic foundations. Students become more familiar with how the Expressive Arts are used with psychopathology and salutogenesis through advanced training. Their study will also focus on the body and movement in Expressive Arts Therapy and understand illness and healing through an anthropological perspective. This module deepens the understanding of the therapeutic relationship. It enhances awareness of the body and its importance in the Art-making process. By the end of this module students increase their theoretical and methodological skills and are able to move from theory to practice.

Throughout the first two years, students are required to complete a theoretical foundation and research module, a portfolio, a field-based internship (465 hours) under supervision (30 hours on site or other), intervention (10 hours) and a method-specific training (15 sessions).

Name of Module	Detailed PDF	Introduction
Module IT-3	EGS MA EXA Module Therapy IT-3 (173 K)	3 weeks (June/July) During the third and last summer session in residence, students will finish their degree with a Final Examination and Graduation. The students will complete oral and written exams on the principles and practices of Intermodal Expressive Arts Therapy through a critical inquiry into a variety of schools and the poly-aesthetics and intermodal method. Finally, students will present an Oral Defence of their Masters Thesis.

